Personal Development conversations

Your name

Any year

01 An idea that fits my own situation

02 A small experiment I could try

03 A claim I want to check carefully

04 What would count as useful progress?

Personal Development book review

Your name

Any year

Book title

Author

Date finished

An idea that fits my own situation

A small experiment I could try

What would count as useful progress?

Personal Development reading reflections

Your name

Any year

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04 What would count as useful progress?

Personal Development book-club notes

Your name

Any year

Book title

Author

Meeting date and place

An idea that fits my own situation

A small experiment I could try

What would count as useful progress?